Pediatric Takayasu Vasculitis with Extensive Vascular Involvement

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An 11-year-old female known to healthy children admitted to the hospital with chest pain for a month. The pain spread from left shoulder to back and increased at night. Her pain did not change with motion and was relieved with non-steroidal anti-inflammatory drugs (NSAIDs). She had no cough, fever, and weight loss. She had no family history of cardiac, cerebrovascular, or rheumatologic disease. Measurements of blood pressure were 100/50 mmHg in the right upper extremity, 90/60 mmHg in the left upper extremity, 90/50 mmHg in the right lower extremity, 90/60 mmHg in the left lower extremity. Other vital signs and physical examination findings were normal. Laboratory values; hemoglobin was 8.6 g/dl, erythrocyte sedimentation rate was 91 mm/hour (normal 0-20 mm/h), C-reactive protein was 37 mg/dl as abnormal findings. The other evaluations for infectious and malignancies were non-significant. Anti-nuclear antibody, Anti-neutrophil cytoplasmic antibodies, anti-ds-DNA, anti-phospholipid antibodies were in the normal range. Echocardiographic findings were normal. Magnetic Rosenans (MR) angiography was performed with a preliminary diagnosis of vasculitis due to unexplained high acute phase reactants and upper and lower extremity blood pressure differences. The vessel wall irregularities were observed in both internal carotid arteries, vertebral arteries, vertebral basilar system, and thoracic aorta (Figure 1,2,3). Bilateral renal arteries narrowing were observed at the exit level from the aorta (Figure 2). The patient was treated with steroid, cyclophosphamide, and mycophenolate mofetil. Six months later, new artery involvement was detected, and tocilizumab was started.

Takayasu arteritis is diagnosed with angiography (CA, CTA, and MRA) of the aorta, its main branches or pulmonary arteries showing aneurysm/dilatation, narrowing, occlusion, or a thickened arterial wall not due to other causes, plus one of the five following criteria: pulse deficit or claudication, four limb blood pressure inconsistencies, bruits, hypertension, and elevated acute phase reactants. The management of TA is made according to the rare pediatric vasculitides consensus report. Our patient's most important feature was nonspecific chest pain, and elevated levels of acute-phase reactants cannot be explained due to other reasons.

Both should be investigated in a case with unexplained silent clinical findings and high acute phase reactants.

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